

PSHE Curriculum overview

If you have a query about the PSHE curriculum, please contact the office at office@st-peter.solihull.sch.uk and ask for your email to be forwarded on to Ms Hallett.

Key Stage Three

	Autumn Term (8 hours)	Spring Term (7 hours)	Summer Term (7 hours)
Year 7	Who am I going to be at St Peters? <i>Change, Safety and Risk</i>	How am I wise in my actions towards others and myself? <i>Friendships, Respect and Bullying</i>	How am I attentive to the wider world? <i>British Values – community, diversity and multiculturalism</i>
Year 8	How am I attentive about my health and wellbeing? <i>Drugs, Alcohol and First Aid</i>	How am I prophetic in the way I treat myself and others? <i>Respect, Puberty and Gender</i>	How am I intentional about my human rights? <i>British Values – the rule of law</i>
Year 9	How can I be more compassionate to myself? <i>Mental Health</i>	How am I loving to myself and others? <i>Respect and Relationships</i>	How am I learned about taking care of my body? <i>Physical Health and Addictive Substances</i>

Key Stage Four

	Autumn Term One	Spring Term One	Summer Term One
Year 10	How am I attentive and discerning when building relationships? <i>Relationships</i>	How can I be prophetic about democracy across the world? <i>British Values - Democracy</i>	How am I learned about my own physical health and mental wellbeing? <i>Mental Health and Healthy Relationships</i>
	Autumn Term Two	Spring Term Two	Summer Term Two
	As above including Relationships and Sex Education	How can I be compassionate to myself when considering alcohol? <i>Alcohol education</i>	How am I curious about my journey after St. Peter's? <i>Careers and Life Skills</i>
Year 11	Autumn Term One	Spring Term One	Summer Term One
	How am I attentive and discerning about my future after St. Peter's? <i>Careers</i>	How can I be intentional when preparing for life after St. Peters? <i>Life Skills and Mental Health</i>	Dedicated revision time
	Autumn Term Two	Spring Term Two	Summer Term Two
	How am I discerning in the choices I make online? <i>Respect and online behaviour</i>	Dedicated revision time	