

Extracurricular Activities Spring Term 2022 - 2023

Research indicates that participation in extracurricular activities positively correlates with pupils' development both academically and personally.

Pupils who participate in extracurricular activities:

- have greater levels of academic achievement
- improve their character development by giving them skills required for personal success, such as leadership skills, time-management skills, and the ability to accept constructive criticism
- have increased self-esteem and resiliency
- have cultivated their social development
- experience the importance of community involvement

The benefits include increased confidence, a real aspiration to go onto higher or further education, more soft skills and a sense of wellbeing and belonging. Playing team sports, doing voluntary work, joining a club or singing in a band are also vital in developing networks.

The following comments have been made publicly:

- *"One of the best things about school is being able to try out new things, whether that's playing in the football team, learning to play the drums or joining the chess club."*
- *"Activities beyond the classroom inspire children to be part of a team, compete with others and give them a sense of pride."*
- *"For some, they help overcome shyness or a lack of confidence."*
- *"Extracurricular activities mean that pupils can learn soft skills such as listening to others, speaking well and problem solving."*

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- Mask Club starting after February half term, location D1.8, day TBC
- KS3 Creative Writing Club (B1.6) will resume in the Summer Term 2023

	Sports Activities Pupils to meet at changing rooms	Other Extracurricular Activities
Monday 15:00 – 16:00	Year 7 & 8 Badminton (Sports Hall)	
Tuesday 15:00 – 16:00	KS3 Girls Football Year 7 Boys Football KS3 Basketball Dance Club	KS3 STEM Club (J2.3) KS3 Food Club (G1.2)
Wednesday 15:00 – 16:00	KS3 Netball Year 9 Football Year 10 Football	Coding Club (B2.7) The Shakespeare Project rehearsals (D1.7)
Thursday 15:00 – 16:00	Year 8 Football Year 11 Football	
Friday 08:00 – 08:30		Year 7 Language and Culture Club (B2.1) To run from 3 rd February 2023
Friday 15:00 – 16:00		Year 12 'International Committee/Club' (Sixth Form Block)

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Activities	Subject Area	Lead Teacher(s) to contact for further details
Coding Club	ICT	Mr Branson
Dance Club	PE	Miss Elton/ Mrs Perrow
KS3 Basketball	PE	Mr McMahon
KS3 Creative Writing Club	English	Miss Sudworth
KS3 Food Club	DT – Catering	Mrs Morris-Walcott
KS3 Girls Football	PE	Mr McMahon
KS3 Netball	PE	Mr McMahon
KS3 STEM Club	Science	Ms Armstrong/ Miss Grace
Mask Club	Science	Mr Kent
The Shakespeare Project Rehearsals	English/ Drama	Miss Sudworth/ Mr Newbold
Year 10 Football	PE	Mr McMahon
Year 11 Football	PE	Mr McMahon
Year 12 International Club/Committee	Sixth Form	Miss Sudworth
Year 7 & 8 Badminton	PE	Mr McMahon
Year 7 Boys Football	PE	Mr McMahon
Year 7 Language and Culture Club	MFL	Miss Laurence/ Miss Tooze
Year 8 Football	PE	Mr McMahon
Year 9 Football	PE	Mr McMahon